DATES FOR YOUR DIARY

Mon 3rd Feb: 9.45am Sparkles (weekly)
Mon 3rd Feb: 1.00pm Zoom Prayer Meeting
Mon 3rd Feb: 6.30pm Ignite (Weekly)

Tues 4th Feb: All Day Day of Prayer and Fasting
Tues 4th Feb: 10.00am Community Sunshine Café

Tues 4th Feb 1.15pm Chair Yoga

Tues 4th Feb: 7.30pm Lighthouse Homegroup in Royal Room

Tues 4th Feb:7.30pmPrayer for Revival, Prayer RoomWed 5th Feb10.00amHoly Communion in Royal Room

Wed 5th Feb: 12.00 noon Mothers Union
Fri 7th Feb: 12.30pm Chair Based Tai Chi
Fri 7th Feb: 8.00pm Choir Practice
Mon 10th Feb: 9.45am Sparkles

Mon 10th Feb: 9.45am Sparkle

Mon 10th Feb: 6.30pm Ignite

Tues 11th Feb: 10.00am Community Sunshine Café

Tues 11th Feb 1.15pm Chair Yoga

Tues 11th Feb 7.30pm Prayer for Revival, Prayer Room

Wed 12th Feb: 12.00 noon MCC

Thurs 13th Feb 10.00am Funeral of Ray Loomes
Fri 14th Feb: 12.30pm Chair Based Tai Chi
Fri 14th Feb: 8.00pm Choir Practice
Mon 17th Feb: Half Term No Sparkles
Mon 17th Feb: 6.30pm Ignite (tbc)

Tues 18th Feb:10.00amCommunity Sunshine CaféTues 18th Feb:7.30pmPrayer for Revival, Prayer RoomWed 19th Feb10.00amHoly Communion in Royal Room

Wed 19th Feb: 12.00 noon MCC

Fri 21st Feb: 12.30pm Chair Based Tai Chi
Fri 21st Feb: 8.00pm Choir Practice
Sat 22nd Feb: 10.00am Craft Morning
Mon 24th Feb: 9.45am Sparkles

Mon 24th Feb: 9.45am Sparkles
Mon 24th Feb: 6.30pm Ignite

Tues 25th Feb: 10.00am Community Sunshine Café
Tues 25th Feb: 7.30pm Prayer for Revival, Prayer Room

Tues 25th Feb: 7.30pm PCC Meeting

Wed 26th Feb: 12.00 noon MCC

Fri 28th Feb: 12.30pm Chair Based Tai Chi

Chadderbox February 2025 Newsletter of St. Chad's Church, Chadwell Heath



The Wise and Foolish Builders

Matthew 7:

24 "Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. 25 The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock.

Hurricane Eowyn '...battered Ireland and the north of the UK' were the headlines for last week in our papers and on our tellies. Doing the rounds on TikTok was a very funny video clip of Donald Trump, famous for his stance against climate change, giving a speech in which he was saying, 'It's just a bit windy.' As his toupee flew off (what they can do with film effects knows no bounds these days). But it simply is that storms come. Not only in our weather, but in our lives too.



And Jesus tells a simple story of wise and foolish builders choosing rock or sand to build on. We've experienced both in our own building project, luckily we're now with the wise builders, but Christ's point? That we all choose what we build our lives on.

Storms will come, things will happen. Is our faith strong enough to hold us firm when they do? Are we able to keep

perspective in times of trouble and not let ourselves be weighed down mentally or emotionally? It's not easy, and very often, the only way for us to keep that perspective is to remind ourselves of God's promises made to us through his word, scripture. When we do that, we find it speaks sense into the storms. It's what Jesus did when he was being tempted – you'll remember he answered each of satan's demands with an Old Testament quote.

Here Jesus is asking us to cling to his words which add to the Old Testament, and of course, we have the thoughts and memories of the New Testament writers too. All 'God breathed' as Paul reminds Timothy, and useful for teaching, rebuking, correcting and training us.

As we await the end of a cold and drizzly winter it's worth reminding ourselves who made the seasons – not only of our weather, but also of our lives. I'll leave you with the book of Leviticus.........

Leviticus 26:

3 "'If you follow my decrees and are careful to obey my commands, 4 I will send you rain in its season, and the ground will yield its crops and the trees their fruit.



God will provide whatever we need when we need it. Believe in his promises and be strengthened by God's word in the times of your storms. (And let's pray for sun and warmth)

Martin



For the time being, our services will continue Meeting in the hall. Please join us for fellowship after our services and enjoy tea, coffee and good company. You may even want to volunteer to help out with serving refreshments. See Pauline if that is you!





Come and help at our Jumble Sale on 1st March in the church. The sale is from 11.00am to 2.00pm, but if you are helping, please be at the church by 10.00am. We will be setting up stalls on Friday 28th Feb from time tbc, please do come along and help. There will be a sign up sheet at the back of church, to volunteer or just message the church office. If you are able to bake a cake for the coffee shop, that would be great too. Many thanks

MCC—Mature Companion Club

MCC, our Mature Companions Club now meets every 2nd, 3rd and 4th Wednesday at 12.00 noon of each month. All over 60's are invited to come along to share lunch and company. There is no charge for lunch, but donations are welcome. Please bring your friends along too. In the

Royal Room in the church hall.



Our local food bank is in greater need than ever. Please prayerfully consider how you can support your community with donations of non-perishable foods, toiletries and baby items, including nappies of all sizes.





Tuesday 4th February is a day of prayer and fasting. Here are some prayer points:

- Pray for the world—this fallen world is economically, socially, climatically, politically damaged; war-torn, stabbing of our youth, the NHS, Police and Education and for the institutions that are sick and broken.
- Pray for people who are struggling in their faith.
- Pray for all those within our church family who are unwell at this time, awaiting test results and operations.
- Pray that Leaders of all Nations would turn to God for Godly counsel.
- Prayer for refugees , for the Unemployed, homeless and lonely
- Pray for Support workers and families caring for people with learning disabilities
- Pray for who those who are mourning loved ones
- Pray that God will bless us so that we can be a blessing to others
- For Martin and Christine as they lead us and Neil, Daryl and Bob as they bring God's word to us.
- Continue to pray for the staff team and all our volunteers.
- Pray for PCC and all the different groups in St Chads
- Pray that God will continue to cover the whole church family.
- Pray for peace of Jesus throughout the world,
- For the Church globally, especially where Christians cannot openly worship
- Scriptures:
- 1 Peter 5:7—for encouragement "Cast all your care on Him; for He cares for you."
- Philippians 4:7 for peace "And the peace of God, which passes all
 understanding, shall keep your hearts and minds through Christ Jesus."
- Luke 21:19 for patience "Stand firm, and you will win life. "
- Psalm 31:9 for those grieving— "Be merciful to me, Lord, for I am in distress; my eyes grow weak with sorrow, my soul and body with grief."
- John 16:22 "So with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy".

The next Zoom prayer meeting will be Monday 3rd February. The link is: https://us02web.zoom.us/j/85834336962?
pwd=9sme7flWm2ctaMSj12Cza7GaRZkgni.1

Meeting ID: 858 3433 6962

Passcode: 282066

Copy and paste this link into your browser for 1.00pm





PRAYER AND FASTING

February 2025 services

Traditional Holy Communion at 9.00 am

This is a Book of Common Prayer (BCP) service every Sunday for those who prefer something more traditional and reflective and lasts for 50/60 minutes.

All Age/Family Church Morning Worship at 10.45 am

This is a contemporary service, usually with times of worship, prayer and teaching, and lasts for about 80-90 minutes. When it is not All Age Worship (AAW), children leave for Junior Church after we have worshipped as a church family for the first part of the service.

Sunday 2nd February All Age worship with Baptism

Sunday 9th February Family Church

Sunday 16th February Family Church with Holy Communion

Sunday 23rd February Family Church

Mid-week Services (Wednesday 10am)

Wednesday 5th February Holy Communion in Royal Room

Wednesday 12th February No meeting

Wednesday 19th February Holy Communion in Royal Room

Wednesday 26th February No meeting



Sunshine Community Café

Our Sunshine Community
Café is still open, with a
limited menu for the time
being while Debbie is
recovering. Why not pop
in for coffee and cake, or a
sandwich or roll and enjoy
some good company? You
will be warmly welcomed.

The Church Office is open every day except Thursday between 10am and 12 noon, for enquiries of any kind. Pauline Loomes, our Church Administrator, can be contacted by: tel: 020 8597 8076 email: churchoffice@stchads.church website: www.stchads.church

We are still looking for volunteers to take an active part in church life. A few people have come forward in the last year, and many thanks to them, but we still need more. We don't want our volunteers to become tired and burnt out, so the more the merrier. It would be wonderful if we could spread the workload to give other people a bit of a break. We are



always looking for people to take part in Sunday Services; we especially need people to read and deliver prayers during services, welcome and to help with refreshments after services. It would also be great if anybody interested in tech would like to train to run the sound/vision system during services. If you are available

during the week, there are always volunteer opportunities—MCC, Coffee Shop, building maintenance - and we would welcome you with open arms!! Many of the jobs are simple and not time consuming. As I always say, there are no qualifications needed, just a servant heart! Please do come and see me and we can discuss where you can be helpful and become part of the team that keeps St. Chad's ticking over. I'm looking forward to having that conversation with you! Pauline







We are hoping that our youth will be supporting this project of sleeping on the floor at home for one week and a sleepover on the floor in the church hall to raise money for this worthy cause, to help a child pursue their dreams. This is open to current and former youth from church or Ignite, to take part. The date is yet to be decided, but if you are interested and aged between 11 and 17, have a chat with Martin.

I received a very exciting email this week from Teams4u, who have been delivering shoeboxes in Ukraine. A very sharp eyed member of the team spotted in this photo one of our Christmas cards that we put in every shoebox we pack.

I am so pleased that our 600 + shoeboxes have gone to Ukraine, and hopefully bringing a little bit of joy to those children who have lived through unthinkable circumstances.

Thank you to all who contributed to our shoeboxes. You can see here the impact they have.

