DATES FOR YOUR DIARY Day of Prayer and Fasting Tues 1st Apr: All Day Tues 1st Apr: 10.00am **Community Sunshine Café** Tues 1st Apr: 7.30pm **Lent Course** Wed 2nd Apr 10.00am **Holy Communion in Royal Room** Wed 2nd Apr: 12.00 noon **Mothers Union** Fri 4th Apr: 12.30pm **Chair Based Tai Chi** 8.00pm Fri 4th Apr: **Choir Practice** Sat 5th Apr: 1.00am **High Road Easter Evangelism** Sun 6th Apr: After church Prayer Walk around church and hall Mon 7th Apr: 9.45am **Sparkles** Mon 7th Apr: 1.00pm **Zoom Prayer Meeting** Mon 7th Apr: 6.30pm Ignite Tues 8th Apr: 10.00am **Community Sunshine Café** Tues 8th Apr: 1.15pm **Chair Yoga Tues 8th Apr:** 7.30pm **Last Lent Course** Wed 9th Apr: 12.00 noon MCC Fri 11th Apr: 12.30pm **Chair Based Tai Chi** Fri 11th Apr: 8.00pm **Choir Practice** Mon 14th Apr: 6.30pm Ignite Tues 15th Apr: 10.00am **Community Sunshine Café** Tues 15th Apr: 1.15pm **Chair Yoga** Tues 15th Apr: 7.30pm **Prayer for Revival in Prayer Room** Wed 16th Apr 10.00am **Holy Communion in Royal Room** Wed 16th Apr: 12.00 noon MCC Thurs 17th Apr: 7.30pm **Maundy Thursday Service in church** Fri 18th Apr: 3.00pm **Good Friday Service in church** Tues 22nd Apr: 10.00am **Community Sunshine Café** Tues 22nd Apr: 1.15pm **Chair Yoga Prayer for Revival in Prayer Room** Tues 22nd Ap:: 7.30pm Wed 23rd Apr: 12.00 noon MCC Fri 25th Apr: 12.30pm **Chair Based Tai Chi** Fri 25th Apr: 8.00pm **Choir** Practice Sun 27th Apr: After church **APCM** Mon 28th Apr: 9.45am **Sparkles** Mon 28th Apr: 6.30pm **Ignite** Tues 29th Apr: 10.00am **Sunshine Community Café**

Chair Yoga

PCC Meeting

Prayer for Revival in Prayer Room

Tues 29th Apr:

Tues 29th Apr:

Tues 29th Apr:

1.15pm

7.30pm

7.30pm

Chadderbox April 2025 Newsletter of St. Chad's Church, Chadwell Heath



For you are the body of Christ

Just as a body, though one, has many parts, but all its many parts form one body, so it is withChrist. For we were all baptized by one Spirit so as to form one body—whether Jews or Gentiles, slave or free—and we were all given the one Spirit to drink. Even so the body is not made up of one part but of many. 1 Cor. 12

I remember some years ago, 2016 in fact, when our leadership team went away for a day in the beautiful setting of Waltham Abbey and led by the very experienced Roger Matthews. We looked at 'Who we are' as individuals and as a team and part of that was some learning through a psychometric test called 'Insights'. I won't describe it all, there's too much to say, but one part of the day was him lining us up from one end of the room to the other from the most introverted of us to the most extroverted. Fascinating stuff – I'm an introvert in case you didn't know.

He then explained that, depending on where we stood impacted on how we made decisions. The most extrovert amongst us would make a decision quickly and then live with and work through the consequences as the scenario developed. Introverts take much longer to make a decision, wanting to have thought through the possible consequences before they start. It was very insightful for us as a PCC and the wider team, but our move back into church has reminded me of some of that learning. For some, our refurbishment won't be radical enough, for others it's too radical. For some, church is hugely sacred, for others it's just a space. Interestingly that point was seen by several people (who commented such on the post-it notes we wrote out on our first service back in church) that this whole experience has reminded them that 'Church' is the people not a building – some had enjoyed worshipping in the hall. The views are as divergent as introverts and extroverts.

How have we made the move to our changed environment? With grace on both sides as well as exhibited by all those who stand in the middle. One person who valued the traditional look of the church said to me, 'It's not what I want Martin, but for the sake of our youngsters we must move forward.' A more radical voice said to me, 'I wish we'd got rid of that statue (the Crucifix now hanging on the wall of the chancel) but actually it seems fitting looking down on the altar.'

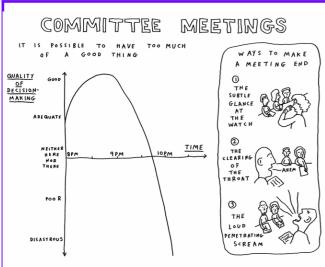
We're one body with a myriad of different thoughts and perspectives, but we come together as one because together we can achieve more.

Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ. For we were all baptized by one Spirit so as to form one body—whether Jews or Gentiles, slave or free—and we were all given the one Spirit to drink. Even so the body is not made up of one part but of many.

I think the most amazing thing that has come out of our refurbishment (which has taken an age and is still to be fully finished) for me, is the fact that we have all, whatever our position and stance on what has happened at St. Chad's, come together as one. Whether that is people giving money or time, working physically on the building or helping out at a fundraiser, baking cakes or coming to a Summer Ball, praying fervently and persistently, or working magic with a duster, everyone has come together for the common good, and that is church.

When we read of the first church in Acts 2:40ff it all sounds so perfect – I suspect it was far from that. But they, like us, put Jesus at the centre of what they were doing instead of their own agendas, and a global church was birthed that still goes strong today. It's amazing, but it really is true,

Together we can make a difference. Let's see what God has got for us now, and move into that future together. Martin



Our APCM this year will be on **Sunday 27th April**, after church.

If you head up a group, please can you get your report in by 13th April at the latest.

To vote at the APCM you need to be on the Electoral Roll. Please pick up a form from church or the office. Cut off for inclusion on Electoral Roll is 13th April.





to join us, even if just for part of the time.

ge, it has been Ignite

This year, for a change, it has been decided that our 'Blessings' project will be poppies for Remembrance Day instead of our usual Christmas blessings.

Patterns for crocheted, sewn and knitted poppies are available from church, along with a pattern for felt poppies. Please pick up your patterns and get knitting., sewing etc.





The following groups are taking a short break over the Easter holidays.

Sparkles closes on Monday 7th April

and reopens on Monday 28th April.

Ignite finishes on Monday 14th and re-opens on Monday 28th April.

Coffee Shop and MCC will continue as usual

There will be no Chair Tai Chi on Good Friday and no Chair Yoga on 1st April, otherwise, there groups will continue as usual.

There will be no Craft Morning in April.



Tuesday 1st April is a day of prayer and fasting. Here are some prayer points:

- Pray for the world—this fallen world is economically, socially, climatically, politically damaged; war-torn, stabbing of our youth, the NHS, Police and Education and for the institutions that are sick and broken
- Pray for the world at war, for Israel and Palestine, for Ukraine and Russia.
- Pray that Leaders of all Nations would turn to God for Godly counsel
- Pray for peace of Jesus throughout the world
- Prayer for refugees, for the Unemployed, homeless and lonely
- Pray for Support workers and families caring for people with learning disabilities
- Pray for all those within our church family who are unwell at this time, awaiting test results and operations, or struggling in their faith
- Pray for who those who are mourning loved ones
- Pray that God will bless us so that we can be a blessing to others
- For Martin and Christine as they lead us and Neil, Daryl and Bob as they bring God's word to us
- Continue to pray for the staff team and all our volunteers
- Pray for the PCC and all the different groups in St Chads
- Pray that God will continue to cover the whole church family
- For the Church globally, especially where Christians cannot openly worship
- Scriptures:
- 1 Peter 5:7—for encouragement "Cast all your care on Him; for He cares for vou."
- Philippians 4:7 for peace "And the peace of God, which passes all understanding, shall keep your hearts and minds through Christ Jesus. "
- Luke 21:19 for patience "Stand firm, and you will win life."
- **Psalm 31:9 for those grieving** "Be merciful to me, Lord, for I am in distress; my eyes grow weak with sorrow, my soul and body with grief."
- John 16:22 "So with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy".



Our Confirmation Service will take place on Sunday, 21st September at 4.00pm. This service is open to anyone aged 11 or over. Please let Pauline know if this is something you are interested in so we can let you know when the Confirmation



Classes are. If you would be like to be confirmed but are not baptised., we also offer firmation adult baptism. Again, please let Pauline know so arrangements can be made.

APRIL 2025 services

Traditional Holy Communion at 9.00 am

This is a Book of Common Prayer (BCP) service every Sunday for those who prefer something more traditional and reflective and lasts for 50/60 minutes.

All Age/Family Church Morning Worship at 10.45 am

This is a contemporary service, usually with times of worship, prayer and teaching, and lasts for about 80-90 minutes. When it is not All Age Worship (AAW), children leave for Junior Church after we have worshipped as a church family for the first part of the service.

All Age worship **Sunday 6th April Family Church Sunday 13th April**

Family Church with Holy Communion Sunday 20th April

Sunday 27th April Family Church

Mid-week Services (Wednesday 10am)

Wednesday 2nd April Holy Communion in Royal Room Wednesday 16th April Holy Communion in Royal Room



A reminder to all those who head up groups in St. Chad's that their annual reports are due in by Sunday 13th April please, to be included in the APCM Book.

Just a reminder also that your report should include all activities from 1st January—31st December 2024.



Please note that the Lighthouse Home Group is not meeting this week because of the Lent Court. It will resume on Tuesday 6th May.

Zoom Prayer Meeting

Monday 7th April at 1.00 pm.

https://us02web.zoom.us/j/85834336962? pwd=9sme7flWm2ctaMSj12Cza7GaRZkgni.

Meeting ID: 858 3433 6962

Passcode: 282066

Copy and paste link or look out for

Easter Services at St. Chad's

Palm Sunday 13th April. Traditional BCP Service at 9.00am. At 10.45am, All-Age Worship led by our children. At 3.00pm, a Palm Sunday service of traditional hymns and readings.





Maundy Thursday Service, Thursday 17th April at 7.30pm. A traditional service of Holy Communion reminding us of the Last Supper.

Good Friday Walk of Witness, Friday 18th April starting at the junction of Becontree and Valence Avenues at 12.00 noon to the High Road Baptist church, for an act of worship at 1.00pm lasting about 30 minutes, with refreshments.





'An Hour at the Cross' at 3.00pm on Good Friday. A reflective service of drama and reflective hymns.

'He is Risen - Hallelujah!' Easter Sunday 20th April Services of celebration at 9.00am - traditional BCP service, and All Age Worship at 10.45. Come and celebrate the Risen Lord!

Walk of Witness churches of Chadwell Heath come together to witness to the



resurrection of Christ. The walk will conclude with a service outside the Baptist Church on the High Road.

The starting point is the junction of Becontree and Valance Avenues at 12.00 noon, and will process up Valance Avenue for a service outside the Baptist Church in the High Road at 1.00pm.

High Road Evangelism. Come and join us to hand out invitations to our Easter services and Easter eggs along the High Road with us. No experience





In 2025, the Church of England requires all churches to wipe their Electoral Roll clean and start again. If vou wish to be included on the electoral roll and have been attending St. Chad's for 6 months, please complete a form available from church or from the church office. The deadline for inclusion is Sunday 13th April.



Please see Pauline if you would like to volunteer and be part of the team that keeps St. Chad's going. We are always looking for volunteers for services, either prayers, reading or serving refreshments. We are also looking for people to learn how to do the tech/ sound side for services.

We especially need volunteers to help at our Coffee Shop and MCC (Mature Companions Club).

No experience needed, just a servant heart.





Our Lent Course will continues on Tuesdays 1st and 8th April at 7.30pm in the Royal Room. Please note the Tuesday Prayer group will be joining the Lent Course.



Please continue to support our local food bank if you are able; the need is i greater now than ever. Please prayerfully consider how you can support your community with donations of non-perishable foods, toiletries and baby items, including nappies of all sizes. May for this ime of vears include some Easter treats/



The Church Office is open every day except Thursday between 10am and 12 noon, for enquiries of any kind. Pauline Loomes, our Church Administrator,

can be contacted by: tel: 020 8597 8076 email: churchoffice@stchads.church website: www.stchads.church